

Assessment 1: Assignment

QQI Level 6 6S0242 Manual Handling
Instructor

1. Ergonomic Principles (8 marks, 400 words)

Define the key ergonomic principles and explain their role in promoting a safe workplace.

2. Risk Assessment (12 marks, 600 words)

Pick an organisation of your choice and complete a risk assessment for this workplace. Identify 2 risks within this workplace, and explain what controls can be put in place to prevent these risks.

Bibliography